

Monday	Tuesday	Wednesday	Thursday	Friday
3 Labor Day No School	4 Chicken/Steak Nuggets Creamed Potatoes Italian Green Beans WG Roll Fresh Apple Slices Choice of Milk	5 Cheese Stix w/Marinara Sauce Breaded Okra Corn/Pasta Salad Pineapple Chunks Choice of Milk	6 Smoked Sausage w/Sautéed Kraut Macaroni & Cheese Black-eyed Peas Collard Greens/Cornbread Fresh Fruit Choices Choice of Milk	7 Mexican Pizza Ro-Tel Dip w/Tortilla Chips Garden Salad w/Ranch Carrot Sticks Grapes/Cantaloupe/Strawberries Choice of Milk
10 Hamburger/Cheeseburger Lettuce & Sliced Tomato Baked Beans French Fries 4 oz. Strawberry Parfait Choice of Milk	11 Penne Pasta w/Meatballs, Marinara & Mozzarella/Parmesan Cheese Garden Salad w/Ranch Steamed Corn Breadstick/Sliced Pears Choice of Milk	12 Corn Dog/Hot Dog Glazed Carrots Roasted Potatoes Baked Beans Sliced Peaches Choice of Milk	13 Beef Tips w/Rice English Peas & Carrots Garden Salad w/Ranch WG Roll Orange Wedges Choice of Milk	14 Sloppy Joe Sandwich French Fries Steamed Broccoli & Cheese Mandarin Oranges Choice of Milk
17 Cheesy Chicken Spaghetti Italian Steamed Veggies Garden Salad w/Ranch Breadstick/Fruit Cocktail Choice of Milk	18 Sweet n' Sour Meatballs on Rice Green Beans Sweet Potato Fries Sautéed Peppers & Onions Fresh Apple Slices Choice of Milk	19 Hot Ham & Cheese Sliders Lettuce/Tomato Slices Carrot Sticks/Cucumber Spears w/Dip Choice of Chips Strawberry Shortcake Choice of Milk	20 BBQ Baked Chicken Creamed Potatoes Steamed Cabbage Pinto Beans/Cornbread Fresh Fruit Choices Choice of Milk	21 Pizza Pasta Salad Steamed Corn French Fries Fruited Jell-O Choice of Milk
24 Pizza-burger on a Sub Roll Roasted Potatoes/Carrots/Onions Green Beans Fresh Fruit Choices Choice of Milk	25 Asian Chicken Fried Rice/Eggroll Broccoli w/Stir Fried Veggies Steamed Corn Pineapple Chunks Choice of Milk	26 Early Release Ham & Cheese Sub Sandwich Lettuce & Tomato Carrot Sticks w/Ranch Baked Beans Applesauce Choice of Milk	27 Salisbury Steak w/Gravy Creamed Potatoes Green Beans Glazed Carrots WG Roll/Orange Wedges Choice of Milk	28 Meatball Sub Sandwich w/Marinara & Cheese Garden Salad w/Ranch Vanilla Pudding w/Wafers Fresh Fruit Choices Choice of Milk

10/1	10/2	10/3	10/4	10/5
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2018

**GRAB-N-GO LUNCH
VARIETY AVAILABLE DAILY**

**BREAKFAST CEREAL AND PASTRIES
AVAILABLE EVERY MORNING**

Fresh Fruit Offered Daily

MEAL COST

Students: \$2.75 w/milk (all other drinks extra)
 Faculty/Staff: \$3.50 Visitor: \$4.00
 Extra Entrée: \$1.00/Extra Veggie-Salad-Fruit: \$.75
 Bottled drinks: \$.50 - \$1.25